

Governor's Commission on Suicide Prevention – Meeting

March 20, 2019 • 1:00 P.M. – 3:00 P.M.

Spring Grove Hospital Center, Dix Building Basement, 55 Wade Avenue, Catonsville

Commission Members Present:

Amanda Celentano	Department of Aging
Janel Cubbage (Chair)	Behavioral Health Administration
Christina Drushel-Williams	Governor's Office for Children
Michael Ito	Department of Juvenile Services
Mariana Izraelson	Maryland Addictions Directors Council
Jennilyn Babcock Landbeck	Family Member
Georgette Lavetsky	Deputy Secretary Public Health
Jennifer Treger	Mental Health Association of Maryland
Holly Wilcox	Academic Community
Carol Madsen (Proxy for The Honorable Adelaide Eckardt)	Member of the Maryland Senate
Amy Kulp	Suicide Prevention Group
Randall Nero (Proxy)	Department of Public Safety and Correctional Services
Kirsten Robb-McGrath	Maryland Department of Disabilities
Jari Villanueva	Rep of Hispanic/Latino Community
Edward Bartlinski	Police, Local Corrections or Fire and Rescue
Shameka Burke	LGBTQ Community
Mariam Diallo	High School Student
Mariana Izraelson	MD Addictions Directors Council
Dustin Richardson	Rep of American Indian Community
Dana Sauro	Young Adult Aged 18-25
Susan Schwarten	Survivor of a Suicide Attempt

Commission Members on Phone:

Deborah Nelson	Maryland Department of Education
William Powell	National Organization for People of Color against Suicide
Maura Rossman	MACHO Representative
Dana Burl	Department of Veterans Affairs
Russell Himmelberger	Active/Former Member of the Armed Forces
Cynthia Macri	Rep of Asian American/Pacific Islander Community

Maryland Department of Health (MDH) Staff:

Andrelle Mathelier	Behavioral Health Administration
Barry Page	Behavioral Health Administration

Welcome and Introductions:

Commission Chair, Janel Cabbage, welcomed all attendees to the Commission meeting. All Commissioners, both in person and on the phone, introduced themselves.

Public Forum: Feedback on State Suicide Prevention Plan Goals and Objectives:

Commissioner Cabbage presented the results from the online form for public feedback on prioritization of the state suicide prevention plan goals and objectives. Commissioners and members of the public provided input about emerging needs for suicide prevention initiatives in Maryland. Suggestions included the need for education for providers and the general public about suicide prevention and awareness, the need for inclusion of older adults in suicide prevention initiatives, implementation of suicide/mental health education in the school system, and data collection and analysis of suicide trends in Maryland.

Approval of January 9, 2019 minutes:

No corrections to the minutes. Minutes approved.

New Appointments and Staffing Changes:

Appointments for the new seats have been made. The new Commissioners who were present introduced themselves and shared their interest in suicide prevention. The Suicide Prevention Coordinator position in BHA is vacant. Commissioner Cabbage will be Commission Staff until the vacant position is filled. Commissioner Cabbage announced a vote for the Vice Chair position will be held at the May 15 meeting. Responsibilities of the Vice Chair were reviewed. Commissioners interested in being Vice Chair should contact Commissioner Cabbage. The Commission agreed that the Suicide Prevention Coordinator/Commission Staff would fill the responsibilities of the secretary position as outlined by the bylaws.

Police, Local Corrections or Fire & Rescue - Ed Bartlinski

Rep of Substance Abuse Recover Community - Vacant

Rep of LGBTQ Community - Shameka Burke

High School Student - Mariam Diallo

Active/Former Member of the US Armed Forces - Russell Himmelberger

Faith Community - Kevin Johnson

Suicide Prevention Group - Amy Kulp

Rep of Asian American Community - Cynthia Macri

Rep of American Indian Community - Dustin Richardson

Young Adult Aged 18-25 - Dana Sauro

Survivor of a Suicide Attempt - Susan Schwarten

Rep of Hispanic/Latino Community - Jari Villanueva

Vote on Goals and Objectives for Commission Focus:

Commissioners discussed which objectives from the state plan should be the Commission focus for the next two years. Objectives 1.3 and 2.4 were considered similar and could be combined. Commissioner Burke shared information about children being knowledgeable of the presence of firearms and opioids or prescription medications in their homes, highlighting the need for parents

to be educated on means safety. The Commission voted in favor of the below objectives. The Commission approved the creation of three work groups to address the objectives. Commissioner Cabbage appointed leads for each of the work groups. Commissioners volunteered for work groups to participate in. The work groups will provide actionable items for implementation of the objectives to the Commission at the May meeting.

Means Safety Work Group Lead: Commissioner Amy Kulp

Objective 2.3 – Promote efforts to reduce access to lethal means of suicide among individuals with identified suicide risk.

Training Work Group Lead: Commissioner Jen Treger

Objective 2.4 – Provide training to community groups and clinical service providers on the prevention of suicide and related behaviors.

Data Work Group Lead: Commissioner Georgette Lavetsky

Objective 4.3 – Improve and expand state and local public health capacity to routinely collect, analyze, report, and use suicide-related data to improve prevention efforts and inform policy decisions.

Garrett Lee Smith Funding Announcement:

BHA submitted a proposal for the Garrett Lee Smith (GLS) funding announcement from SAMHSA. The proposal would continue and build upon current work of the Maryland Suicide Prevention and Early Intervention Network (MD-SPIN). BHA proposes to continue to partner with the University of Maryland National Center for School Mental Health and Johns Hopkins Bloomberg School of Public Health but will add new partners: Maryland's Higher Education Commission, Native American Lifelines, and the Maryland Center for Developmental Disabilities. If funded, the project period begins in June 2019.

Suicide Prevention Conference Update:

The annual suicide prevention conference will be held on October 2, 2019 at Martin's West. The keynote speaker will be Lynn Davis, who presented to the Commission in September 2018. Lynn will be presenting on adverse childhood experiences and suicide. 10 workshop proposals have been accepted for this year's conference with topics including the Save a Shore Farmer program, postvention, crisis center and first responder collaboration, and faith communities and mental health. The deadline for proposals has been extended to April 1, 2019.

MD-SPIN Online Suicide Prevention Training Module:

MD-SPIN has been working over the past several months to develop an online suicide prevention training module. The module will be free and available beyond the end of the grant funding the project. The module has a general audience and is in the final stages of production. The finished module will be hosted on mdbehavioralhealth.com.

Agency Initiatives and Postvention Chart:

The Commissioners that populated the agency initiatives and postvention charts were thanked. Commissioner Cabbage asked Commissioners who have not yet updated the agency initiatives chart to do so before the May meeting. The agency initiatives chart will be useful in implementation planning. Resources for a few counties have been added to the postvention chart, but the chart remains far from done. Commissioner Kulp suggested a few interns at the American Association of Suicidology (AAS) could assist in completing the chart using AAS' national database. The Commission agreed.

Open Discussion:

Members of the public interested in observing or participating in workgroups should contact the appropriate workgroup leads.

Upcoming Events:

- Service to our Men and Women Who've Served- March 21, 2019- 12:00 PM

The meeting was adjourned at 3:00 p.m.

The next meeting will be held on May 15, 2019 at Spring Grove Hospital, Vocational Rehabilitation Building Training Room, 55 Wade Ave, Catonsville, MD from 1:00 PM- 3:00 PM.